

K-5 Lunch – October 2017

| | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> |
|--|---|--|--|--|---|
| <p>Main entrées in bold</p> <p>Additional entrées: * Chef Salad with wg crackers, croutons, and 1 oz cup lite ranch dressing</p> <p>* Ham/Cheese sandwich on ww bread or wg sub bun</p> <p>* Turkey/Cheese sandwich on ww bread or wg sub bun</p> <p>Sandwiches served 1 mayo and/or mustard packet and all other meal components.</p> <p>Veggie Bar Daily Romaine lettuce Carrots Celery Cucumbers Peppers (red, orange) Tomatoes Dressings (lite Ranch)</p> <p>Milk Offered Daily Fat free (skim) 1% (low-fat) Fat free Chocolate</p> <p>Key: wg = whole grain ww = whole wheat</p> | <p>2 Chicken gravy on a biscuit green beans Mandarin oranges</p> | <p>3 Hammy sammy on wg bun baked beans pears</p> | <p>4 Mustang pizza corn banana</p> | <p>5 Hot dog on wg bun macaroni and cheese green beans pineapple ketchup, mustard, relish</p> | <p>6 Chicken patty on wg bun corn fresh fruit BBQ sauce, ketchup</p> |
| | <p>9 Straw hats green beans peaches salsa, lite sour cream</p> | <p>10 Wg pizza corn pears</p> | <p>11 Chicken tenders pasta baked beans banana ketchup, BBQ sauce</p> | <p>12 Sloppy joes on wg bun potato soup pineapple</p> | <p>13 No School</p> |
| | <p>16 Mini corn dogs pasta green beans peaches ketchup</p> | <p>17 Meatballs and mashed potatoes corn pears</p> | <p>18 Mustang pizza baked beans banana</p> | <p>19 Cheeseburger on wg bun green beans Mandarin oranges ketchup, mustard, relish</p> | <p>20 Wg cheesesticks tomato soup fresh fruit</p> |
| | <p>23 Chips and cheese with meat green beans peaches salsa, lite sour cream</p> | <p>24 Hotdog on wg bun baked beans pears ketchup, mustard, relish</p> | <p>25 Wg pizza corn banana</p> | <p>26 Chicken tenders homemade chicken noodle soup pineapple ketchup, BBQ sauce</p> | <p>27 Wg calzone corn fresh fruit</p> |
| | <p>30 Nachos green beans peaches salsa, lite sour cream</p> | <p>31 Brunch for lunch ½ day of school French toast with turkey sausage patty hash browns applesauce syrup cup, ketchup</p> | | | |
| | <p>In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age or handicap. If you have been discriminated against, please write immediately to the Secretary of Agriculture, Washington, D.C. 20250</p> | | | | |