

6-12 Lunch – January 2018

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p>Main entrées in bold 6-8 grade will have the first entrée option only</p> <p>Additional entrées: * Ham/cheese sandwich on ww bread or wg sub bun * Turkey/cheese sandwich on ww bread or wg sub bun</p> <p>Sandwiches served 1 mayo and/or mustard packet and all other meal components.</p> <p>Veggie Bar Daily Romaine lettuce carrots celery cucumbers peppers (red, orange) tomatoes dressings (lite Ranch, lite Italian or fat free French)</p> <p>Milk Offered Daily fat free (skim) 1% (low-fat) fat free chocolate</p> <p>Key: wg = whole grain ww = whole wheat</p>	<p>1 NO SCHOOL</p>	<p>2 NO SCHOOL</p>	<p>3 Chicken patty on wg bun or scalloped potatoes and ham baked beans banana ketchup, mayo</p>	<p>4 Chicken tenders or cheddarwurst on wg bun chicken noodle soup green beans pineapple ketchup, BBQ sauce relish, mustard</p>	<p>5 Mustang pizza or fish file on wg bun corn fresh fruit ketchup, tartar sauce</p>
	<p>8 Fried chicken with mashed potatoes or pulled pork on wg bun green beans peaches</p>	<p>9 Wg pizza or goulash corn pears</p>	<p>10 Chicken gravy on a biscuit or mini corn dogs baked beans banana ketchup</p>	<p>11 Lasagna or ham-n-cheese on pretzel roll green beans applesauce</p>	<p>12 Mustang pizza or fish file on wg bun corn fresh fruit ketchup, tartar sauce</p>
	<p>15 Nacho supreme or turkey melt on wg bun green beans Mandarin oranges lite sour cream, salsa</p>	<p>16 Wg pizza or sloppy joe on wg bun corn pears</p>	<p>17 Square cheese breadsticks with tomato soup or Philly cheese steak on wg bun baked beans banana</p>	<p>18 Hot dog on wg bun or Italian chicken sandwich on wg bun mac-n-cheese green beans peaches ketchup, mustard, relish</p>	<p>19 Mustang pizza or fish file on wg bun corn fresh fruit ketchup, tartar sauce</p>
	<p>22 ½ day Brunch for Lunch French toast with turkey sausage patty hash browns orange slices syrup cup, ketchup</p>	<p>23 Wg pizza or chicken parmesan corn pears</p>	<p>24 Chicken patty on wg bun or meatball stroganoff baked beans banana ketchup, mayo</p>	<p>25 Spaghetti with wg breadstick or pulled pork on wg bun green beans pineapple</p>	<p>26 Mustang pizza or fish file on wg bun corn fresh fruit ketchup, tartar sauce</p>
	<p>29 Cheeseburger on wg bun or chicken tetrazzini green beans Mandarin oranges ketchup, mustard, relish</p>	<p>30 Wg calzone or beef stew corn peaches</p>	<p>31 Chicken gravy on a biscuit or chili baked beans banana</p>	<p>In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age or handicap. If you have been discriminated against, please write immediately to the Secretary of Agriculture, Washington, D.C. 20250</p>	