

6-12 Lunch – March 2018

	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p>Main entrées in bold 6-8 grade will have the first entrée option only</p> <p>Additional entrées: * Ham/cheese sandwich on ww bread or wg sub bun * Turkey/cheese sandwich on ww bread or wg sub bun</p> <p>Sandwiches served 1 mayo and/or mustard packet and all other meal components.</p> <p>Veggie Bar Daily Romaine lettuce carrots celery cucumbers peppers (red, orange) tomatoes dressings (lite ranch, lite Italian or fat free French)</p> <p>Milk Offered Daily fat free (skim) 1% (low-fat) fat free chocolate</p> <p>Key: wg = whole grain ww = whole wheat</p>				<p>1 Square cheese breadstick or turkey ranch wrap potato soup peaches ketchup, BBQ sauce</p>	<p>2 Mustang pizza or fish file on wg bun corn fresh fruit ketchup, tartar sauce</p>
	<p>5 Straw hats or ham and cheese on a pretzel roll green beans pears lite sour cream, salsa</p>	<p>6 Wg pizza or goulash corn mixed fruit</p>	<p>7 Cheeseburger on wg bun or sloppy joe on wg bun green beans banana ketchup, mustard, relish</p>	<p>8 Oven roasted chicken with mashed potatoes and gravy or meatball sub on wg bun baked beans applesauce</p>	<p>9 Mustang pizza or fish file on wg bun corn fresh fruit ketchup, tartar sauce</p>
	<p>12 Chicken fajita or turkey melt on wg bun green beans Mandarin oranges lite sour cream, salsa</p>	<p>13 Wg pizza or meatloaf cheeseburger on wg bun corn pears ketchup</p>	<p>14 Chicken gravy on a biscuit or Philly cheese steak on wg bun green beans banana</p>	<p>15 Hot dog on wg bun or Italian chicken sandwich on wg bun baked beans peaches ketchup, mustard, relish</p>	<p>16 HALF DAY Brunch for Lunch French toast with turkey sausage patty hash browns orange slices syrup cup, ketchup</p>
	<p>19 Chicken patty on wg bun or scalloped potatoes and ham baked beans pears ketchup, BBQ sauce</p>	<p>20 Wg pizza or hot hamburger on ww bread corn mixed fruit</p>	<p>21 COOKS CHOICE</p>	<p>22 Chicken tenders or cheddarwurst on wg bun chicken noodle soup applesauce ketchup, mustard, relish</p>	<p>23 Mustang pizza or fish file on wg bun corn fresh fruit ketchup, tartar sauce</p>
	<p>26 Chips and cheese or beef stew green beans pineapple lite sour cream, salsa</p>	<p>27 Calzone or chili with wg crackers corn pears</p>	<p>28 Mozzarella sticks or grilled cheese tomato soup banana</p>	<p>29 Cheeseburger on wg bun or chili dog on wg bun baked beans applesauce ketchup, mustard, relish</p>	<p>30 SPRING BREAK</p>
	<p>In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age or handicap. If you have been discriminated against, please write immediately to the Secretary of Agriculture, Washington, D.C. 20250</p>				